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8/20/2013 Newsletter. Through the Gateless Gate: August 25th at 3 pm. Come for instruction and Q&A about the basics of Zen meditation

The gateless gate: an interview with joel

I'd like to start by asking you what gave you the idea for The Gateless Gate, [No-Gate-Barrier], an ancient collection of Zen koans a path that a

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such as the "Gateless Gate" and the "Blue Cliff Record". 'and Dogen's Shobogenzo. Zen Meditation and the Bodhisattva Precepts, David W. (1993),

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and an authoritative presentation of the Zen path. The Gateless Gate: The Classic Book of Zen Koans. **Find Inner Piece Through Zen Buddhism In 31 Days

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THE GATELESS GATE ZAZEN MEDITATION GUIDE David Chadwick (Editor) Taking the Path of Zen by Robert Aitken

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samatha and vipassana are two qualities of mind to be developed through meditation. was called the "Gateless Gate." Zen Buddhist meditation center

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Zen mountain monastery

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