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Roger gould (author of shrink yourself) -

Roger Gould is the author of Shrink Yourself (3.70 avg rating, 137 ratings, 21 reviews, published 2007), Club Roger Gould s Followers. None yet.

About roger gould md - dr. roger gould

Roger Gould, MD is a pioneer in He is a leading authority on adult development and emotional eating. Shrink Yourself: Break Free from Emotional Eating

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not physical eating. Now Dr. Roger Gould, AARP Shrink Yourself Break Free from With 12 practical ways to stop emotional eating and an eight

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Shrink Yourself: Break Free from Emotional Eating Forever, based on the Shrink Yourself online Gould claims one can end emotional eating and other form of

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