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By Elfi Schlegel .pdf**

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Florida Gators women's gymnastics Rhonda Faehn, O'Connell Center, Florida Gators, University of Florida, Division I (NCAA), Southeastern Conference

### **The gymnastics book: the young performer's guide**

Title: The Gymnastics Book: The Young Performer's Guide to Gymnastics Author: Elfi Schlegel, Claire Dunn

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Elfi Schlegel was a member of the Canadian National Team from 1976 to 1985, won two gold medals at the 1978 Commonwealth Games and in 1979 won a team gold and

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