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Her work has appeared in The New York Times, Salon.com, Health.com, Yoga Journal, the San Francisco Chronicle, The Little Book of Yoga (Chronicle Books),
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Mark Morford is a columnist and culture critic for the San Francisco Chronicle and SFGate.com. His opinion column is called Notes & Errata and is published weekly.
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Kripalu - rusty wells

Rusty Wells. Rusty Wells is a San Francisco based, world-traveled teacher of Bhakti Flow, a form of yoga wrapped in love and devotion. His teaching philosophy is

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