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Candi raudebaugh (author of words to relax)

Candi Raudebaugh is the author of Words to Relax (4.00 avg rating, 2 ratings, 0 reviews, published 2010) and Barren No More Candi Raudebaugh

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[forgetting words] Frasier: [Bulldog tries to burn Frasier's script with a cigarette lighter] Frasier Crane: Niles, will you relax?

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this relaxation script is the counterpart to the audio file above. As you settle into relaxation pose, relax the weight of your body into the support of

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Guided meditation script. don t just say the words, but mean what you say; When you are relaxed, your clients will also relax.

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able for relaxation, stress relief, personal growth, In addition to the more-traditional stress relief aspect of massage,

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