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View Todd Stedl's (Canada Co-wrote, edited, and designed the book *Yoga for Scuba Divers*. October 2006 January 2007 (4 months)
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av Kimberlee Jensen Stedl, Todd Stedl (h ftad, 2007 Yoga for Scuba Divers teaches Kimberlee Jensen Stedl is a Registered Yoga Teacher and an American

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IDEA member Kimberlee Jensen Stedl and her husband, Todd, created a workshop, Yoga for Scuba Divers, which is also the title of their book. The workshop is practiced

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I am a yoga teacher and scuba diver and always practice yoga this is a good book for divers trying to work on fitness and breathing. its clear explains everything

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Books. Log Pages. Classes Todd Stedl was featured in the June 2008 issue of Sport Diver magazine regarding Peak Performance Buoyancy and his book Yoga for Scuba

Kimberlee stedl's books and publications spotlight

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As in scuba diving, says Kimberlee stedl, author of Dive Yoga, the first book print- todd, however, was a diver
first, yoga participant second.